

## COURSE GUIDE: 2014-15

COURSE DETAILS			
Name :	NURSING CARE IN HEALTH COMPLEX SITUATIONS		
Code :	15094217	Plan :	Nursing Degree (2009)
Academic year :	2014-15	Level :	Degree
Course :	4º	Type :	Compulsory
Semester :	1º		
TIME DISTRIBUTION IN ACCORDANCE WITH REGULATION			
ECTS :	6	In-class hours:	45
		Not in-class hours:	105
		Total time (in hours):	150
USE OF VIRTUAL PLATFORM:			

LECTURER DETAILS			
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ACTIVITIES ORGANIZATION		
<i>Planned activities for learning and workload distribution per activity (in hours)</i>		
I. STUDENT'S ACTIVITIES (In-class / Online)	• Seminars [Example]	4,0
	• Teaching group [Example]	27,0
	• Work group / small group [Example]	14,0
	<i>Total In-class/Online time :</i>	45,0
II. STUDENT'S AUTONOMOUS ACTIVITIES (not in-class)	•	105,0
	<i>Total not in-class time :</i>	105,0
TOTAL WORKING HOURS		150,0

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## ELEMENTS OF INTEREST FOR COURSE LEARNING

### Justification of contents

Suffering and death are common processes in the daily practice of certain professions, including nursing. Our society does not accept human limitation, death is the great taboo. Therefore, the struggle to combat stubborn and even deny it when it's coming, knowing that we all must come, as it is natural process. Consequences of this position can reach the terminal patient isolation or sometimes play down his last days alive.

As professionals we have to learn the necessary skills to cope this process, and to provide appropriate care terminal for the terminally ill and their families to achieve an environment where they can establish Peaceful opportunities that are demanded by each of them, but not forgetting that the patient is the protagonist of his life until his end.

### Other courses related

Adult Nursing I and II. Nursing Foundation.

### Minimum knowledge required to deal with the Course

The knowledge acquired in the subjects taught before.

## COMPETENCIES

### General competencies

*General objectives of the University of Almería*

Ability to solve problems

Oral and written communication in your native language

Ethical commitment

*Other general objectives*

Understand and have knowledge

Application of knowledge

### Specific competencies developed

TR18 - Apply comfort care in the final stages of life.

CE15 - Know and apply palliative care.

## LEARNING OBJECTIVES/OUTCOMES

Ability to:

Identify, analyze, and define the significant elements of a problem to solve rigorously. Two. Think and act according to universal principles based on the value of the person and their full development. Three. Understanding and clearly express ideas and opportunity, knowledge, problems and solutions to a wider audience, specialized or not specialized (and feelings through words, adapting to the characteristics of

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the situation and the audience to achieve their understanding and adherence). April. Know the strategies to adopt measures of comfort and care of symptoms, addressed to patient and family, in the implementation of palliative care can help alleviate the situation of advanced and terminal patients. May. Meet palliative care and pain management to provide care to alleviate the situation of advanced and terminal patients.

<b>CONTENTS</b>			
<b>Module</b>	I. The death of the human being.		
<b>Content</b>	Death in the history Death today The health professionals at the death The process of dying.		
<b>Learning system and methodology</b>			
<i>System</i>	<i>Learning procedures and activities</i>	<i>Observations</i>	<i>Hours In-class/ Online</i>
Teaching group	Theoretical class		4,0
			0,0
			0,0
<b>Description of autonomous workload</b>			
<b>Module</b>	II. Cancer process		
<b>Content</b>	Cancer process: Epidemiology and evolution. Cancer process: Cancer diagnosis Cancer treatment and care: surgery. Cancer treatment and care chemotherapy and biological therapies. Cancer treatment and care: radiotherapy.		

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<b>Learning system and methodology</b>			
<i>System</i>	<i>Learning procedures and activities</i>	<i>Observations</i>	<i>Hours In-class/ Online</i>
Teaching group	Theoretical class		9,0
Little group	Procedures		4,0
Little group	Cases Study		3,0
<b>Description of autonomous workload</b>			
<b>Module</b>	III. Symptoms and nursing care in palliative patients.		
<b>Content</b>	Palliative Care: origin and characteristics. Ethics and dignified death. Main symptoms in Palliative Care. Status of last days and the patient and family care. Palliative sedation Grief Communication skills in Palliative Care.		
<b>Learning system and methodology</b>			
<i>System</i>	<i>Learning procedures and activities</i>	<i>Observations</i>	<i>Hours In-class/ Online</i>
Teaching group	Theoretical class		21,0
Little group	Cases Study		4,0
			0,0
<b>Description of autonomous workload</b>			

<b>EVALUATION SYSTEM</b>
Assessment criteria
<p>Theoretical evaluation (70%). It should have a minimum of 40% to 70%, adding to the note of the practical test.</p> <p>Practical assessment (30%). Attendance at the Theoretical and practical is compulsory. Both a continuous assessment will be made as to end of the programs where the knowledge and skills acquired in the working sessions of the small groups will be shown, through simulations or case resolution.</p>

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**Marking system**

	<i>Activity</i>	<i>(Number of hours)</i>	<i>Percentage</i>
I. STUDENT 'S ACTIVITIES (In-class/Online)	• Seminars [example]		%
	• Teaching group [example]		70%
	• Work group/ small group [example]		30%
II. STUDENT'S AUTONOMOUS ACTIVITIES (Autonomous work)	• Individual work [example]		%

**Assessment instruments**

Final tests (written or oral).
Final multiple-choice tests.

**Monitoring mechanisms**

Attendance at tutorials
Attendance and participation in seminars
Access to the virtual classroom

**BIBLIOGRAPHY**

**Recommended bibliography**

Spanish version guide
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**Bibliography existing in the library of the University of Almeria**

<a href="http://almirez.ual.es/search/x?SEARCH=70534211">http://almirez.ual.es/search/x?SEARCH=70534211</a>
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**WEB ADRESSES**

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